

Twiddle Blankets

People with dementia often have restless hands and like to have something to keep their hands occupied. A Twiddle Blanket is a great source of visual, tactile and sensory stimulation, keeping laps warm and hands occupied!

A few years ago, 6 Main at Harrison noticed patients coming to the hospital from nursing homes with lap size blankets adorned with buttons, ribbons and other items to keep minds and hands busy. Nurses reached out to the volunteer department to see if these blankets were something that could be made by our crafty volunteers and the need was filled.

The blankets have become popular and we are in need of more volunteers to make them. The dimensions, patterns and items to put on are flexible. Below you will see examples of them. They are approximately 9 inches by 12 inches with items sewn on that have different textures, such as buttons, bells and ribbons. It's a great way to use up extra yarn and fabric. If you'd like more details, please contact the volunteer office at 583-4189.

