

LAB/24 HOUR URINE COLLECTION INPATIENT - BLUE FORM

PATIENT INFORMATION

Name _____
(Please print)

MR# _____

Hosp/room _____

** TO BE COMPLETED BY PATIENT/NURSE:**

Patient's Height: _____ ft. _____ in.
 Weight: _____ lb. (NOT Kg.)
 Date Started: _____ mm _____ dd _____ yy
 Time Started: _____ a.m.
 Time Completed: _____ a.m.
 Must be 24 hours from Time Started
 Is it a complete 24-hour urine?
☐ Yes Initials: _____
☐ No If no, patient must restart with a new container

TESTING INFORMATION:

Sample # _____ Preservative: ☐ No ☐ Yes Date container sent _____
 (Specimen Processing personnel: Check test directory for preservative requirements before sending container)

TEST DESIRED: (Must be ordered in computer)

☐ Creatinine ☐ Urea Nitrogen ☐ Calcium ☐ _____
☐ Creatinine Clearance ☐ Urea Clearance ☐ Protein ☐ _____

COLLECTION: (Separate Outpatient instructions are available upon request)

- Begin no later than 8:00 a.m. on the first morning (unless specifically requested by a physician)
 (It is especially important to collect the morning specimens with creatinine clearance and protein)
- Do not void directly into the provided container – transfer using a clean container and rinse with tap water after each use.
- Keep provided container in a cool place, i.e. refrigerator.
- Maintain normal intake of fluids, avoiding alcohol.
- Avoid vigorous exercises during the testing period.
- ✓ Upon awakening, empty your bladder ("void"). DO NOT SAVE THIS SPECIMEN. Discard it into the toilet, but record the time voided (above). This will be the START TIME of the collection.
- ✓ For the next 24 hours, collect all urine that is voided and pour into the container provided.
- ✓ The following morning, EXACTLY 24 hours from the START TIME, void one final time and add the specimen to the container provided. Cap/seal container well. **It is important to make an attempt to void even if you don't feel as if you have to.** If no urine collected, this is still your time completed.
- ✓ Fill in information above and put container into a plastic bag to help contain any leaks.
- ✓ Return container to Specimen Processing, Core Laboratory, 2nd floor Houghton as soon as possible after completion of collection. (Collections accepted 7 days/week).
- ✓ This completed sheet must accompany all 24-hour urine bags.

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