



LOCATIONS

- Imaging & Diagnostic Outpatient Entrance - Covenant Medical Center Cooper 900 Cooper
Covenant HealthCare Mackinaw 5400 Mackinaw
Covenant Medical Center Harrison 1447 North Harrison
Covenant HealthCare Irving (MRI & PET only) 600 Irving
MRI/PET is located behind the 600 Irving building

Please bring this order form with you to your appointment
Covenant HealthCare Imaging & Diagnostic Services
OUTPATIENT PHYSICIAN REFERRAL

Imaging Central Scheduling: 989.583.6278
Diagnostic Imaging Info: 989.583.6272
Fax: 989.583.7029

www.covenanthealthcare.com



Form with fields: DATE OF EXAM, TIME OF EXAM, Patient's Name (REQUIRED), D.O.B., Allergies, Ordering Physician/Referring Physician, Diagnosis/History/Symptoms, Date (REQUIRED), STAT Report Fax/Phone

Physician's Signature (REQUIRED)

- DIAGNOSTIC RADIOLOGY (X-RAY) (25-35 min)
Abdomen Flat & Upright
Abdomen KUB
Acromioclavicular Joint
Ankle (RT) (LT) (Bil)
Bone Aging Studies
Bone Length Studies
Bone Survey Metastatic
Chest
Clavicle (RT) (LT) (Bil)
Elbow (RT) (LT) (Bil)
Eye or Foreign Body
Facial Bones
FB Child Nose to Rectum
Femur (RT) (LT) (Bil)
Finger (RT) (LT) (Bil)
Foot (RT) (LT) (Bil)
Forearm (RT) (LT) (Bil)
Hand (RT) (LT) (Bil)
Hip (RT) (LT) (Bil)
Humerus (RT) (LT) (Bil)
Infant Extremity
Knee (RT) (LT) (Bil)
Knees - Standing
Mandible
Mandible Panoramic
Nasal Bones
Orbits
Os Calcis (RT) (LT) (Bil)
Panalipse
Paranasal Sinus
Pelvis
Ribs (RT) (LT) (Bil)
Sacroiliac Joints
Sacrum & Coccyx
Scapula (RT) (LT) (Bil)
Shoulder (RT) (LT) (Bil)
Skull
Soft Tissue Neck
Spine Cervical (AP/LAT) (Routine)
Spine Lumbar (AP/LAT) (Routine)
Spine Thoracic (AP/LAT) (Routine)
Spine Flexion/Extension (Cervical) (Lumbar) (Thoracic)
Sternoclavicular Joint
Sternum
Tibia & Fibula Leg (RT) (LT) (Bil)
Toe (RT) (LT) (Bil)
Tomogram
Wrist (RT) (LT) (Bil)
Other:

- DIAGNOSTIC ULTRASOUND
Abdomen Complete (60 min) Prep AA
Abdomen Limited (30 min) Prep AA
Aorta (30 min) Prep AA
Head (20 min)
Infant Hips (20 min)
Kidney (30 min) Prep G, J
Pelvis & Transvaginal (45 min) Prep G
Pelvis Only (30 min) Prep G
Prostate (20 min) Prep H
Prostate Biopsy (20 min) Prep H
Renal Transplant (30 min)
RUQ (GB) (30 min) Prep AA
Scrotum/Testicular (30 min)
Spleen (20 min) Prep AA
Thyroid/Neck (30 min)
Transvaginal Only (45 min)
Other:

- MRI (25-35 min)
Orbital x-ray required for patient if ever exposed to metal fragments in the eyes.
Abdomen
Arthrograms
Hip (RT) (LT)
Shoulder (RT) (LT)
Wrist (RT) (LT)
Brain
Chest
Extremity Lower (RT) (LT)
Extremity Upper (RT) (LT)
IAC's
Joint Lower (RT) (LT)
Joint Upper (RT) (LT)
MRCP Prep A
Neck Soft Tissue
Orbits
Pelvis
Pituitary Gland
Spine Cervical
Spine Lumbar
Spine Thoracic
MRA Abdomen
MRA Brain
MRA Carotids
MRA Chest
MRA Lower Extremity
MRA Pelvis
Other:
Contrast as needed

- NUCLEAR MEDICINE
Bone Scan (Osteomyelitis) Prep Y
Bone Limited Area (3 hrs) Prep X
Bone Three Phase (3 hrs) Prep X
Bone Whole Body (3 hrs) Prep X
Cisternogram Prep Z
Gastric Empty (2.5 hrs) Prep C, W
Hepatobiliary (2 hrs) Prep L
Hepatobiliary w/ Kinevac (2 hrs) Prep L
Liver Image (2 hrs) Prep X
Liver/Spleen (60 min)
Lung (VQ) Scan (60 min) Prep I
Lymphoscintigraphy (4 hrs)
Muga (60 min)
Myoview Stress (GTx) (3 hrs) Prep U
Myoview Stress Adenosine (DAW) (3 hrs) Prep U
Myoview Stress Dobutamine (3 hrs) Prep U
Myoview Stress Persantine (3 hrs) Prep U
Parathyroid (3 hrs) Prep X
Renal Scan (30 min) Prep J
Renal Scan w/ Lasix (60 min) Prep J, K
Renal Scan w/ Vasotec (3 hrs) Prep J, K
Thyroid Scan & Uptake Prep V
Thyroid Treatment (I131)
Other:

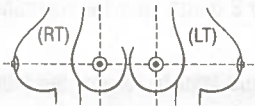
- VASCULAR
Abdominal Duplex (60 min) Prep AA
Arterial Doppler Lower Extremity (90 min)
Arterial Doppler Upper Extremity (90 min)
Carotid Ultrasound (30 min)
Renal Artery Doppler (90-120 min) Prep AA
Vein Mapping (60 min)
Venous Doppler Upper (45-90 min) (RT) (LT) (Bil)
Venous Doppler Lower (30-60 min) (RT) (LT) (Bil)
Other:

- BONE DENSITY
Dexa (30 min)

- CT SCANNING (30 min)
Abdomen Prep E
Abdomen/Pelvis Prep E
Brain Prep E
Chest Prep E
CTA Abdomen Prep E
CTA Aortogram w/Runoff Prep E
CTA Chest Prep E
CTA Coronary Arteries Prep E, EE
CTA Extremity Lower Prep E
CTA Extremity Upper Prep E
CTA Head Prep E
CTA Neck Prep E
CTA Renal Prep E
CTA Other:
Ear/IAC/Mastoids Prep E
Extremity Lower (RT) (LT)
Extremity Upper (RT) (LT)
Facial Bones
Myelogram/Post CT Spine
Orbits Prep E
Pelvis
Sinus
Soft Tissue Neck Prep E
Spine Cervical
Spine Lumbar
Spine Thoracic
Other:
Contrast as Needed Prep E

- UROLOGY/FLUOROSCOPY
Arthrogram (60 min) Prep M
Barium Enema w/ Air (60 min) Prep B
Barium Enema Colon (60 min) Prep B
Chest 4 Views w/wo Fluoro (30 min)
Cystogram Non-Voiding (90 min)
Cystogram Voiding (90 min)
Esophagus (60 min)
IVP (75 min) Prep B
Salivary Glands for Calculus (60 min)
Small Bowel Only (up to 3 hrs) Prep C
Upper GI Series (45 min) Prep C
Upper GI w/ Small Bowel (up to 3 hrs) Prep C
Other:
INTERVENTIONAL
Angio (2 hrs) Prep D
Biopsy (60 min) Specify:
Biopsy Thyroid (30 min)
Dialysis Cath (60 min) (Perm) (Temp) (Replace)
Discogram (60 min)
Drainage Catheters (60 min)
Lumbar Puncture (60 min)
Mediport (60 min)
Myelogram (60 min)
Paracentesis (60 min)
PICC Line (60 min)
Thoracentesis (60 min)
Vertebroplasty/Kyphoplasty (60 min)
Other:

- MAMMOGRAPHY (Prep M, N) Please mark area of abnormality
Discharge (20 min) (RT) (LT) (Bil)
Fibrocystic Disease (20 min)
History of Breast Cancer (20 min)
Lump (20 min) (RT) (LT) (Bil)
Pain (20 min) (RT) (LT) (Bil)
Screening/No Symptoms/
Family History of Breast Cancer (20 min) (RT) (LT) (Bil)
Ultrasound of Breast (30 min) (RT) (LT) (Bil)



- NEURODIAGNOSTICS
BAER, SSER, VER (30-45 min for each test) Prep O, S
EEG (60-90 min) Prep O, P
EEG Ambulatory (60 min) Prep O, Q
EMG (30-45 min) Prep R

## PREP AND EXAM INFORMATION

**Please advise your physician if you are pregnant or suspect you might be.  
A pregnancy test may be necessary before scheduling the exam.**

- PREP A - Nothing to eat or drink 4 hours prior to the exam.
- PREP AA - Nothing to eat or drink 8 hours prior to the exam.
- PREP B - Nothing to eat or drink 8 hours prior to the exam. If having a CT abdomen or abdomen/pelvis exam, the patient may have clear liquids, but no solid foods for 4 hours prior to the exam. Patient must pick up a prep kit. Prep to be taken the night before the scheduled exam. An IV will be started. Prep kits are available at Covenant Cooper, Harrison and Mackinaw campuses. After 5 pm, prep kits are available at Cooper and Harrison only. Kits are not available at Irving.
- PREP C - Nothing to eat or drink after 10 pm the night before the exam.
- PREP D - Nothing to eat for 6 hours and nothing to drink for 3 hours prior to the exam. Patient must arrive at the hospital 2 hours prior to exam time.
- PREP E - No solid foods 4 hours prior to the exam. Patient may have Jello® and clear liquids (no dairy products). For CT scans, the patient may take any prescribed medications. If the patient is diabetic and on insulin, they may take half of the normal dose. If required, prep kits are available at Covenant Cooper, Harrison and Mackinaw campuses. After 5 pm, prep kits are available at Cooper and Harrison only. Kits are not available at Irving.
- PREP EE - A Covenant nurse will call with instructions.
- PREP F - The patient cannot have had a gallbladder or kidney X-RAY WITH CONTRAST, or a CAT SCAN WITH CONTRAST within the last 6 weeks. An IV will be started.
- PREP G - The patient MUST finish drinking 40 ounces of fluids one hour prior to the exam. A full bladder is needed for the exam, so it is important that the patient DOES NOT URINATE AFTER DRINKING THE FLUID.
- PREP H - Patient is to have a Fleet's® enema 2 hours prior to the exam. For a prostate biopsy, do not use aspirin or blood thinning medications for 7 days prior to the biopsy appointment. Your physician will order lab work and an antibiotic before your exam.
- PREP I - A chest x-ray is required within 24 hours of exam.
- PREP J - The patient MUST drink 80 ounces of fluids throughout the day prior to the exam.
- PREP K - The patient must not have taken any ACE inhibitors and/or ARB's for 72 hours prior to the exam. All other blood pressure medications should not be taken 12 hours before the exam. No barium contrast within the last 24 hours.
- PREP L - Nothing to eat or drink, and no pain medications (or motility drugs) for 6 hours prior to the exam.
- PREP M - Shower or bathe to remove all perfume, powder, lotion or deodorant prior to the exam.
- PREP N - If prior x-rays or mammogram was done elsewhere, please bring films to this exam for comparison.
- PREP O - Patient will need to have clean hair with no hairsprays or oils in it.
- PREP P - For a sleep deprived EEG study, please follow instructions from your physician. EEG study may take longer if it is for a child or infant.
- PREP Q - Patient should wear a button down shirt. Patient will be hooked up with wires and sent home with a recording device attached. If wearing the device for more than a day, patient will return daily to have the batteries and disk changed.
- PREP R - Patient should not have lotions or oils on their skin. Exam may take longer if all 4 extremities are being tested. A physician is required for this exam and the patient may have a short wait time before the exam is started.
- PREP S - For lower SER, please wear loose fitting pants that can be pulled up to the knees.
- PREP T - Please bring glasses if you have a VER ordered.
- PREP U - Nothing to eat or drink 4 hour prior to the exam. No caffeine 24 hours prior to the exam. Check with your physician about withholding current medications prior to the test.
- PREP V - Patient receives capsule during initial appointment. Patient returns approximately 4 hours later for uptake and scan that usually takes 45 minutes, and again the following morning for uptake. The second day requires approximately 10 minutes time. The patient cannot have had an exam with iodinated contrast (such as a CT exam) within the last 6 weeks. Thyroid medications (synthroid) should be stopped 3 weeks prior to the exam. Thyroid medications (PTU) should be stopped 72 hours prior to the exam. The imaging nurse will contact the patient prior to the exam with further exam directions.
- PREP W - No nicotine or motility drugs.
- PREP X - Patient receives injection at scheduled appointment time and returns approximately 3 hours later for scanning. Drinking liquids is encouraged.
- PREP Y - Blood is drawn at scheduled appointment time. Patient returns approximately 4 hours later to receive tag blood, and again the following morning for imaging.
- PREP Z - Patient receives lumbar puncture injection at scheduled appointment time and returns approximately 3 hours later for scanning. Patient may need to return for up to 3 consecutive days after the injection. Drinking liquids is encouraged.