

COVENANT Alumni COMMUNICATOR

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Over the years, the Foundation has heard from numerous retirees about fond memories of days working at the organization. Many miss relationships with former co-workers and staying up-to-date with latest developments at the hospital. As another way to keep alumni connected, this publication is produced three times per year. These inserts include updates with information submitted by retirees to share life events, awards, honors, and other news as submitted by alumni.

SAVE THE DATE!



As of 2013, retirees of Covenant HealthCare, Saginaw General, St. Luke's or Saginaw Medical Center are invited to the Alumni Reunion for Retirees hosted by Covenant HealthCare Foundation. This annual event is a great way for retirees to reconnect with former colleagues, hear from hospital leadership and sign up to plan future alumni events.

This year's Alumni Reunion will be held at Apple Mountain on September 13, 2018.

Watch your mailbox for invitations at the end of July. Anyone who has left Covenant HealthCare with a retiree code is invited to attend this luncheon and catch up with former co-workers and friends.

« SEE REVERSE FOR MORE PHOTOS FROM THE ALUMNI REUNION HELD SEPTEMBER 2017!

ALUMNI SPOTLIGHT

THIS EDITION TURNS THE SPOTLIGHT TO KAY LAPP

Past position at Covenant

Safety Officer the last 25 of 38 years.

Best part of past job

Having the opportunity to work with and meet employees from every department across the spectrum.

Member of organizations

Not at present, but I maintain my R.N. and Board Certification in Safety.

What I like best about retirement

Not having to wear a watch.

Where are you from

I still live in Zilwaukee; it is just the greatest small town! Eventually I want to become a beach bum.

Motto or personal mantra

Decades ago I read a motto that has stayed with me: Take a stand and make a mark. I hope I have done that.

Happiest when

Singing or sipping coffee with friends.

Proudest of

My Mom, who has dementia. Even though she can't remember much anymore, she has faced this with style and grace. She is amazing.

Favorite sports or pastimes

Singing, and reading anything to do with history. I also like road trips to new places.

Favorite Covenant Memory

Too many good memories to single out.

Best vacation since retirement

Taking my Mom around Michigan to the places she knew as a child, while she could still remember the stories. I have been caring for her since my retirement until recently.

Top 3 highlights of retirement

1) I still wake up early, but enjoy watching each beautiful sunrise before going back to sleep! 2) Not having to follow a planner for the day; being spontaneous. 3) Flip flops and shorts.

**WANT TO SEND US AN UPDATE?
TURN THIS PAGE OVER!**

People would be surprised to know

I started out in college studying music; I wanted to teach choral music in a high school. I am also a civil war and revolutionary war history buff.

Upcoming trips

My 50th high school reunion this summer in Port Huron; a 3-day beach party! After that, who knows where the wind will take me?

Still on my bucket list

Finish visiting civil war and revolutionary war battlefields my husband and I started to do, and I'd love to take a trip on a lake freighter. I also want to learn to play a dulcimer.

Goals for the coming year

Reconnecting with as many of my old friends as possible.

Book suggestions

Anything by John Jakes or Vince Flynn.

Favorite quote

When you are dissatisfied and would like to go back to your youth, think of algebra.

Cause you are passionate about

The Rescue Mission – because we all deserve another chance.

Grandkids, pets, best friends, church buddies No grandchildren, but I have two dynamite great nieces I love to spoil.

Important lesson learned

You never know the impact you can have from performing one small act of kindness or generosity.

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2017 ALUMNI REUNION PHOTO HIGHLIGHTS – Seeing the hugs, smiles and reconnections take place warmed our hearts and let us know this event is much needed!



SUBMITTING AN UPDATE:

Submissions are printed on a first-come, first-served basis. Depending on volume of updates received, updates may not be printed in the issue immediately following their receipt. Newsletters are printed three times per year in April, August and December. Personally-submitted photographs are not currently included in the *Covenant Alumni Communicator*.

If you have news of the death of a Covenant retiree, please contact Covenant HealthCare Human Resources directly at 989.583.4082. The obituary notices printed in the In Memoriam section will be compiled by Human Resources. Due to space limitations, Covenant will only print the name, retirement year, city of residence, and date of death of the deceased.

Covenant HealthCare Foundation is looking forward to keeping alumni connected. For further questions, please contact the Foundation office at 989.583.7600.

ABOUT THE COVENANT ALUMNI COMMUNICATOR

Interested in submitting an update for potential inclusion in the *Covenant Alumni Communicator* newsletter? We invite you to share your Covenant pride by mailing this completed form to the Foundation Office, 1447 N. Harrison, Saginaw, MI 48602

CONTACT INFORMATION

First and Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

I retired in: _____ (year) from (please check one)

- Covenant HealthCare Saginaw General St. Lukes
 Saginaw Medical Center Visiting Nurse Association

* I AM SUBMITTING INFORMATION ON:

- AWARD/HONOR**
 LIFE EVENT
(Marriage/Commitment, Birth/Adoption, Travel, Interests, etc.)
 PROFESSIONAL EVENT
(New Career/Accomplishment, Degree/Training Completed, etc.)
 VOLUNTEER RECOGNITION

You may also attach this form to a separate sheet with a longer announcement.



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MY ANNOUNCEMENT:

COMPLETE, DETACH AND MAIL TO: Covenant HealthCare Foundation, 1447 North Harrison, Saginaw, MI 48602