

# First Steps® ACP Facilitator Certification

Wednesday, October 23<sup>rd</sup>

or

Tuesday, November 12<sup>th</sup>

Location: TBA – Saginaw, Michigan



Extraordinary care for every generation.

The First Steps ACP Facilitator Certification course is designed to help participants learn the skills needed to facilitate foundational ACP conversations with individuals who are healthy or have early chronic illness. This course is intended for a variety of professionals (social workers, nurses, health educators, physicians, clergy, and other care providers) and community volunteers.

The purpose of this course is to assist participants in applying effective communication and conversation skills and critical thinking for person-centered ACP facilitation. These conversations have application for in-person visits and telehealth.

To achieve ACP Facilitator certification in First Steps, participants must complete the following:

- Complete Respecting Choices Online ACP Facilitator Curriculum (modules 1–4 for First Steps) – Completed prior to class
- Full participation in the Respecting Choices First Steps ACP Facilitator Certification course – In person one day event
- Role-play or shadowing validation to demonstrate ACP skills– Completed following class

### Learning Outcomes

At the end of this course, the participant will be able to:

1. Verbalize strategies to identify intended populations and engage individuals and healthcare agents in ACP.
2. Demonstrate communication skills to promote person-centered ACP conversations.
3. Apply critical thinking to discern what matters most to individuals and use of person-centered decision-making framework to elicit preferences and decisions.
4. Create strategies to transfer individual goals, values, and preferences to a written plan.
5. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities.
6. Identify Michigan legal requirements for Advance Directives

### Continuing Education Info

Online Pre-course Modules: 6.25 contact hours for Nursing and Social Work provided by Respecting Choices  
Live Presentation: 6.5 contact hours for Nursing

**Covenant HealthCare – NCEC is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.**

### Attendee Information

<b>Full Name</b> (type or print)			
<b>Home Address</b> (street, city/ST/ZIP)			
<b>Phone</b>		<b>Email</b>	
<b>Employed by</b>		<b>Current Role</b>	
<b>Date Desired</b> (circle one)	<b>10/23/2024</b>	<b>11/12/2024</b>	<b>I can attend either date</b>

### Agenda At-a-Glance [for full-day course]

08:00 am – 4:15 pm

Welcome and Overview

Person-Centered Conversations: Core Concepts

Skills to Promote Person-Centered Conversations

The Exploration Phase of ACP Conversations

Break (15 minutes)

Role-Play Exercise

Lunch (30 minutes)

Eliciting Preferences and Decisions: Goals of Care Phase

Decision-Making Framework for First Steps ACP Conversations

Role-Play Exercise

Break (15 minutes)

Role-Play Exercise

Documenting Preferences & Decisions of First Steps ACP Conversations

### Registration Info

#### Registration Fee:

Covenant Employees: Call for Details

Non-Covenant Employees: \$130.00

Please make checks payable to: Covenant HealthCare

**Course Fee** includes online course materials, manual, continental breakfast, lunch, and refreshments.

Complete the Attendee Information below and email, fax, or mail to:

**Covenant HealthCare**

**Attn: Tracy Barger**

**800 Cooper Ave, 1<sup>st</sup> Floor, Rm 020**

**Saginaw, MI 48602**

**989.583.6292**

**Fax 989.583.1630**

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