

# Educational Night for Cancer Patients & Survivors

The Covenant Cancer Care Center and Mary Free Bed Rehabilitation at Covenant HealthCare invite you and a guest to attend an educational night for cancer patients and survivors.

## THURSDAY, MARCH 5, 2026

5:30 pm - 6:00 pm (Registration)

6:00 pm - 8:00 pm (Program)

at Covenant HealthCare Mackinaw

5400 Mackinaw, Lower Level Conference Room

### FEATURING:

- A relaxed atmosphere
- Light refreshments
- Fellowship
- Q&A with our experts

### RSVP BY FEBRUARY 27, 2026

SPACE IS LIMITED

Please RSVP by scanning code below  
or register by phone or online at:

989.583.5118

[covenanthealthcare.com/survivor-event](http://covenanthealthcare.com/survivor-event)

- Patients may bring a guest.
- If bringing a guest, please register them.
- Due to limited seating, one guest per patient is welcomed.



### PROGRAM TOPICS:

**Movement is Medicine: Why and How  
Maintaining and Improving Activity  
Supports Our Journey Through Cancer**

**SPEAKER:**

**Dr. Brian McMichael, MD, FAAPMR**  
Physiatrist, Mary Free Bed at Covenant HealthCare

**Saving Your Brain Battery: Tools for  
Neurofatigue**

**SPEAKER:**

**Kimberly Ruhle, M.A., CCC-SLP**  
Speech & Language Pathologist,  
Mary Free Bed at Covenant HealthCare

