

COVENANT HEALTHCARE

Cardiology Support Group

When diagnosed with a heart condition,

most people have questions regarding how this will affect their life. Covenant offers a Cardiology Support Group where you can meet with others who may have the same questions and who may be facing the same issues.

This group is for patients with heart disease, those who have undergone heart surgeries/procedures, or those struggling with a cardiac diagnosis, including, but not limited to:

- Atrial fibrillation
- Cardiomyopathy and heart failure
- Coronary artery disease
- High blood pressure (hypertension)

TOPICS MAY INCLUDE

- Daily activities – recommendations and restrictions
- Diet
- Topics tailored to the support group member's needs
- Emotional support
- Medications

Please join our peer-to-peer support group for patients to share experiences and support each other in their diagnosis and treatment of heart disease.

WHEN

The fourth Tuesday of each month starting June 2024
6:00-7:00 pm

WHERE

Mary Free Bed Rehabilitation at Covenant HealthCare
Hope Conference Room
700 Cooper Avenue, Suite 1100
Saginaw, MI 48602

For more information, please call 989.583.7177
or 989.583.3525.



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