

FREE INFORMATIONAL SEMINARS



We can help you become a quitter!

Sure it can be difficult. That's why Covenant HealthCare is here to help you. Attend one of our seminars and learn what it takes for you to become a quitter.

- Gather information on ways you can successfully quit smoking.
- Check your lung health status with on-site respiratory screening tools.
- Learn from the Covenant Respiratory Therapy staff the importance of a tobacco-free life.
- Sign up for **free** Smoking Cessation Classes or a more personal plan.
- All seminars are open to the public.



2020 Seminar Info

- January 9, 6:00 - 8:00 pm
- April 16, 6:00 - 8:00 pm
- September 17, 6:00 - 8:00 pm

Covenant HealthCare Mackinaw
5400 Mackinaw
Third Floor Conference Room A
Saginaw, Michigan 48604

Space is limited. To reserve your seat, call

1.866.COVENANT

(1.866.268.3626)

COVENANT
HealthCare



MD Anderson
~~Cancer Network~~
Certified Member