ATTENTION ADULT PATIENTS

PLEASE DO NOT BRING YOUR CHILDREN TO YOUR APPOINTMENT.

THIS CAUSES TOO MUCH MENTAL EXCITEMENT FOR OUR NEUROLOGICAL PATIENTS.

LOUD NOISES AND STIMULUS CAN HAVE DETREMENTAL AFFECTS ON OUR SEIZURE PATIENTS.

THIS IS WHY WE HAVE SEPARATE ADULT AND PEDIATRIC DAYS.

IF YOU DO BRING YOUR CHILDREN YOU MAY BE ASKED TO HAVE SOMEONE WAIT WITH THEM IN THE HALL UNTIL YOUR APPOINTMENT IS OVER.

THANK YOU!

Covenant HealthCare
1447 North Harrison
Saginaw, MI 48602

PF08139 (R 8/14)

PATIENT HEALTH HISTORY FORM

Covenant Neurosurgery
800 Cooper Ave., Ste. 8
Saginaw, MI 48602
Tel: (989) 752-1177
Fax: (989) 752-2923

Today's Date: ____________

Patient Name: ______________________________ Date of Birth: ____________

Height: ________ Weight: ________ Social Security #: ________________

Reason for Visit: ____

Please list all physicians you are under the care of:

Physician's Name: ______________________________ Phone Number: ____________

Physician's Name: ______________________________ Phone Number: ____________

Physician's Name: ______________________________ Phone Number: ____________

A. This problem is the result of a(n): *Check all that apply* Date of Injury: ____________

☐ Motor Vehicle Accident ☐ Work Accident ☐ Accident

B. Social History: *Check all that apply*

Marital Status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed Spouse Name________

Smoking: ☐ I smoke_____pack of cigarettes per day for_____years.

☐ I never smoked. ☐ I don't smoke now, but I smoked_____packs for_____years on the past. (I quit smoking_____years ago).

☐ I chew tobacco. ☐ I smoke cigars or a pipe.

Alcohol: ☐ I drink____________________(type and amount of alcohol)

☐ Daily ☐ 1 or More Times/Week ☐ 1 or More Times/Month

☐ 1 or More Times/Year

☐ I quit drinking alcohol_______years ago.

☐ I never drink alcohol.

Illegal Drugs: ☐ I use____________________(type and frequency)

☐ I used____________________(type and frequency) in the past

☐ I never used illegal drugs.

C. List Drug or Medication Allergies with type of Reaction (Rash, Stop Breathing, Etc.)

☐ No known allergies

Medication	Reaction	Medication	Reaction

Have you had skin or other reactions to: *Check all that apply*

☐ Novocaine ☐ Tetanus Antitoxin ☐ Iodine

☐ IVP Dye ☐ Latex Rubber ☐ Shellfish

D. MAJOR ILLNESSES AND INJURIES ☐ **None**

____

____

E. Do you have any of the following medical problems? *Check all that apply*

	How Long?
☐ Cholesterol	________
☐ Diabetes	________
☐ High Blood Pressure	________
☐ Cancer Where?________	________
☐ Stroke	________
☐ Heart Trouble	________
☐ Convulsions/Seizures/Epilepsy	________
☐ MS	________
☐ Parkinsons	________
☐ Memory Loss	________
☐ Headache	________
☐ Dizziness	________
☐ Other________	________
☐ **None of the Above**	

F. SURGERIES/HOSPITALIZATIONS | **YEAR** | **COMPLICATIONS**

SURGERIES/HOSPITALIZATIONS	YEAR	COMPLICATIONS

Have you ever had problems with anesthesia? ☐ Yes ☐ No

☐ **None**

G. Family Medical History:

Family Member	Alive/Dead	Age	Illnesses/Cause of Death
Father	☐ / ☐		
Mother	☐ / ☐		
Sister(s)	☐ / ☐		
	☐ / ☐		
Brother(s)	☐ / ☐		
	☐ / ☐		

H. CURRENT MEDICATIONS

CURRENT MEDICATIONS	DOSE	HOW OFTEN

Are any of your medications blood thinners? ☐ Yes ☐ No

☐ **I do not take any prescription/over the counter medications.**

I. Do you have any of the following? *Check all that apply*

GENERAL

☐ Fever	☐ Weight Loss	☐ Weight Gain
☐ Fatigue	☐ Night Sweats	☐ **None**

EYES

☐ Wear Glasses/Contacts	☐ Eye Infections	☐ Eye Injuries
☐ Glaucoma	☐ Cataracts	☐ Blurred Vision
☐ Double Vision		☐ **None**

EARS/NOSE/THROAT/MOUTH

☐ Hearing Loss	☐ Ringing in Ears	☐ Ear Pain
☐ Wearing Hearing Aides	☐ Ear Infections	☐ Balance Problems
☐ Sinus Infections	☐ Nose Bleeds	☐ Inability to Smell
☐ Sinus Headaches	☐ Mouth Sores	☐ Bleeding Gums
☐ Bad Breath	☐ Bad Taste in Mouth	☐ Sore Throat
☐ Voice Change	☐ Swollen Glands in Neck	☐ **None**

HEART/CARDIOVASCULAR

☐ Chest Pain or Angina	☐ Irregular Pulse or Palpitations	
☐ Heart Murmur	☐ High Cholesterol	☐ Swelling of Hands
☐ Swelling of Feet or Ankles	☐ Shortness of Breath with Walking/Lying Flat	
☐ Leg Pain with Walking		☐ **None**

BREATHING/RESPIRATORY

		☐ **None**
☐ Frequent Cough	☐ Chronic Cough	☐ Spitting up Blood
☐ Shortness of Breath	☐ Asthma	☐ Wheezing

STOMACH/BOWELS/GASTROINTESTINAL

☐ Loss of Appetite	☐ Indigestion	☐ Nausea
☐ Vomiting	☐ Stomach Pain	☐ Heartburn
☐ Ulcer	☐ Gastritis	☐ Constipation
☐ Diarrhea	☐ Pain with Bowel Movement	☐ **None**
☐ Liver Disease	☐ Rectal Bleeding or Blood in Stool	
☐ Jaundice		

GENITOURINARY

☐ Frequent Urination	☐ Burning with Urination	☐ Pain with Urination
☐ Blood in Urine	☐ Change of force of Stream with Urinating	
☐ Kidney Stones	☐ Incontinence or Dribbling	
☐ Sexual Difficulty	☐ Urinary Tract Infections	
Males	☐ Testicle Pain	☐ Prostate Problems
Females	☐ Pain with Periods	☐ Irregular Periods
☐ Vaginal Discharge	# of Pregnancies______	# of Miscarriages______
☐ Currently Pregnant	Date of last Menstrual Period__________	☐ **None**

MUSCLES AND BONES/MUSCULOSKELETAL

☐ Joint Pain	☐ Joint Stiffness	☐ Joint Swelling
☐ Weakness of Muscles	☐ Weakness of Joints	☐ Muscle Pain
☐ Back Pain	☐ Muscle Spasms or Cramps	
☐ Difficulty Walking	☐ Coldness in Arms or Legs	☐ **None**

SKIN/BREAST/INTEGUMENTARY

☐ Rash	☐ Itching	☐ Varicose Veins
☐ Change in Skin Color	☐ Change in Hair or Nails	☐ **None**
☐ Breast Pain	☐ Breast Lump	☐ Breast Discharge

NEUROLOGICAL

- ☐ Frequent Headaches
- ☐ Lightheaded or Dizzy
- ☐ Tremors
- ☐ Convulsions/Seizures
- ☐ Numbness
- ☐ Tingling
- ☐ Paralysis
- ☐ Stroke
- ☐ Head Injury
- ☐ Speech Problems
- ☐ Coordination Problems
- ☐ Face Weakness
- ☐ **None**

MENTAL/PSYCHIATRIC

- ☐ Confusion
- ☐ Memory Loss
- ☐ Nervousness
- ☐ Depression
- ☐ Insomnia
- ☐ **None**

GLANDS/ENDOCRINE

- ☐ Diabetes
- ☐ Thyroid Disease
- ☐ Hormone Problems
- ☐ Excessive Thirst
- ☐ Excessive Urination
- ☐ Skin becoming Dryer
- ☐ Heat or Cold Intolerance
- ☐ Change in Hat or Glove Size
- ☐ **None**

BLOOD/INFECTION HEMATOLOGIC/LYMPHATIC

- ☐ Slow to Heal after Cuts
- ☐ Bleeding Tendencies
- ☐ Bruises Easily
- ☐ Anemia
- ☐ Plebitis
- ☐ Past Transfusions
- ☐ Persistent Swollen Glands
- ☐ **None**

ALLERGIC/IMMUNOLOGIC

☐ Cancer Where ____________________ Treatment ____________________

List Food Allergies ____

List Environmental Allergies ____

(Dust, Pollen, Molds, Etc.)____

☐ None

I certify that the above information is complete and correct to the best of my knowledge:

______________________________ ______________________________

Name of Person Completing Form Relationship to Patient

______________________________ ______________________________

Signature of Person Completing Form Date

Note: This is a confidential record and will be kept in our office. Information contained here will not be released to anyone other than your doctor without your authorization.

Covenant HealthCare
1447 North Harrison
Saginaw, MI 48602

CONSENT/PATIENT INFORMATION

PF02996 (2/11)

PATIENT I.D. ____

Patient Full Legal Name: ______________________ Photo ID: y/n ______

Date of Birth: ________ Soc Sec #: __________

Patient Sex: ______ Male ______ Female

Address: ______________________

Marital Status: S / M / D / W

City, State, Zip: ______________________

Ethnicity: ______________________

Telephone: ______________________

Preferred Language: ______________________

Cell Phone#:(________) ______________________

Race: White / Black / Hispanic / Asian / Other

Email Address: ______________________

Contact Person Other than Home: ______________________

Telephone #: (______) ________ - __________

Patient Employer: ______________________

Employer Telephone: ______________________

Employer Address: ______________________

Date of Retirement: ______________________

Student:Full Time: ________ Part Time: ________

Parent/Guardian: ______________________

Family Doctor: ______________________

ReferringDoctor: ______________________

Pharmacy ______________________

Location: ______________________

BILL TO:Self___Parent/Guardian____Work comp____Auto____Insured Name & Date of Birth ______________________

Primary Insurance: ______________________

Secondary Insurance: ______________________

Spouse Name: ______________________

Spouse Employer: ______________________

Spouse Date of Birth: ______________________

Employer Address: ______________________

Spouse Soc. Sec. #: ______ - ____ - ________

Date of Retirement: ______________________

AUTHORIZATION FOR MEDICAL INSURANCE BENEFITS

1) I assign payment to be made on my behalf to Covenant Healthcare.
2) I also authorize Covenant Healthcare to furnish information necessary for claims processing to any insurance carrier concerning my illness and treatments.
3) A universal claim form will be completed to help expedite insurance carrier payment.
4) I understand that all professional services will be charged to the patient for insurance other than our participating carriers.
5) Payment of the account is the patientís direct responsibility and I am responsible for any non-paid services.
6) Payment for services are due when rendered unless other arrangements have been made in advance with our billing staff.

______________________ ______________________

Date Patient Signature/Guardian

Covenant HealthCare
1447 North Harrison
Saginaw, MI 48602

PF08203 (R 12/04)

ACKNOWLEDGMENT/ RECEIPT OF NOTICE OF PRIVACY PRACTICES

PATIENT I.D.

I acknowledge, by signing below, that I have received a copy of the Covenant HealthCare **Notice of Privacy Practices**.

____
Name

____
Signature

Date:____/____/____

Covenant HealthCare Staff Use Only

Acknowledgment Received:____/____/____

Reason Acknowledgment **was not** Received:

☐ I have previously received the Notice of Privacy Practices.

☐ Other, explain:

____

____

____

Covenant HealthCare Staff ______________________________
(Signature)

Authorization for Release of Information

This may include your spouse, children, siblings, caregiver, etc

Date:________________________________

I, __________________________________, give Covenant Neurosurgery permission to release and/or discuss my medical information with the following people:

Name:____

Relationship:_______________________________Phone:_______________

Name:____

Relationship:_______________________________Phone:_______________

Name:____

Relationship:_______________________________Phone:_______________

I, ____________________________, give consent to the office listed above to identify themselves and leave messages on the answering machines/voice mails attached to the phone numbers I have listed as my contact numbers. I understand that the messages may include information on dates of future appointments and/or test results.

___________________________	____________	____________
Patient Signature *	Date of Birth	Date

___________________________	____________
Witness	Date

COVENANT HealthCare

MSSIC Data Registry
Lumbar and Cervical Baseline
Patient Questionnaire

MICHIGAN SPINE SURGERY IMPROVEMENT COLLABORATIVE

Patient Name (please print): ______________________________ **Date of Birth:** __________

Date of Questionnaire: ______________

We ask that you please complete this form as fully and accurately as possible. Some questions may be difficult, but we ask that you answer them to the best of your ability. Please be sure to follow the directions in each section. Clearly print responses and mark boxes where needed.

Thank you for your time filling out this questionnaire, your answers will help us to provide the best possible spine care.

Back & Leg Pain Scale *("Lumbar")*

Please describe your back and leg pain when off your pain medication. Please rate your back pain and leg pain on a scale of 0 to 10, where zero (0) would mean "no pain" and a ten (10) would mean "worst pain imaginable."

For example, describe your pain when you are off your medication, after your pain medication has worn off, when you are due to take your next pill, that is please describe how your pain would feel if you were not on pain medication.

Please rate your back pain on a scale of 0 to 10 over the past 7 days (0 through 10): __________

Now, please rate your leg pain on a scale of 0 to 10 over the past 7 days (0 through 10): __________

Oswestry Disability Index (ODI) *("Lumbar")*

This questionnaire is designed to give us information as to how your back (or leg) trouble affects your ability to manage in everyday life.

Please answer every section. Mark one box only in each section that most closely describes you today.

Section 1 - Pain intensity

0 ☐ I have no pain at the moment
1 ☐ The pain is very mild at the moment
2 ☐ The pain is moderate at the moment
3 ☐ The pain is fairly severe at the moment
4 ☐ The pain is very severe at the moment
5 ☐ The pain is the worst imaginable at the moment

Section 2 - Personal care (washing, dressing, etc.)

0 ☐ I can look after myself normally without causing extra pain
1 ☐ I can look after myself normally but it is very painful
2 ☐ It is painful to look after myself and I am slow and careful
3 ☐ I need some help but manage most of my personal care
4 ☐ I need help every day in most aspects of self-care
5 ☐ I do not get dressed, wash with difficulty and stay in bed

Section 3 – Lifting

0 ☐ I can lift heavy weights without extra pain
1 ☐ I can lift heavy weights but it gives extra pain
2 ☐ Pain prevents me from lifting heavy weights off the floor but I can manage if they are conveniently positioned, e.g. on a table
3 ☐ Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned
4 ☐ I can lift only very light weights
5 ☐ I cannot lift or carry anything at all

Section 4 - Walking

0 ☐ Pain does not prevent me walking any distance
1 ☐ Pain prevents me walking more than one mile
2 ☐ Pain prevents me walking more than a quarter of a mile
3 ☐ Pain prevents me walking more than 100 yards
4 ☐ I can only walk using a stick or crutches
5 ☐ I am in bed most of the time and have to crawl to the toilet

Section 5 - Sitting

0 ☐ I can sit in any chair as long as I like
1 ☐ I can sit in my favorite chair as long as I like
2 ☐ Pain prevents me from sitting for more than 1 hour
3 ☐ Pain prevents me from sitting for more than half an hour
4 ☐ Pain prevents me from sitting for more than 10 minutes
5 ☐ Pain prevents me from sitting at all

Section 6 - Standing

0 ☐ I can stand as long as I want without extra pain
1 ☐ I can stand as long as I want but it gives me extra pain
2 ☐ Pain prevents me from standing for more than 1 hour
3 ☐ Pain prevents me from standing for more than half an hour
4 ☐ Pain prevents me from standing for more than 10 minutes
5 ☐ Pain prevents me from standing at all

Section 7 – Sleeping

0 ☐ My sleep is never disturbed by pain
1 ☐ My sleep is occasionally disturbed by pain
2 ☐ Because of pain I have less than 6 hours sleep
3 ☐ Because of pain I have less than 4 hours sleep
4 ☐ Because of pain I have less than 2 hours sleep
5 ☐ Pain prevents me from sleeping at all

Section 8 - Sex life (if applicable)

0 ☐ My sex life is normal and causes no extra pain
1 ☐ My sex life is normal but causes some extra pain
2 ☐ My sex life is nearly normal but it is very painful
3 ☐ My sex life is severely restricted by pain
4 ☐ My sex life is nearly absent because of pain
5 ☐ Pain prevents any sex life at all

Section 9 - Social life

0 ☐ My social life is normal and causes me no extra pain
1 ☐ My social life is normal but increases the degree of pain
2 ☐ Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. sports.
3 ☐ Pain has restricted my social life and I do not go out as often
4 ☐ Pain has restricted social life to my home
5 ☐ I have no social life because of pain

Section 10 - Traveling

0 ☐ I can travel anywhere without pain
1 ☐ I can travel anywhere but it gives extra pain
2 ☐ Pain is bad but I manage journeys over two hours
3 ☐ Pain restricts me to journeys of less than one hour
4 ☐ Pain restricts me to short necessary journeys under 30 minutes
5 ☐ Pain prevents me from traveling except to receive treatment

****

FOR OFFICE ONLY

Date ______/______/______

Score ______/______X 100 = ______%

Neck & Arm Pain Scale *("Cervical")*

Please describe your neck and arm pain when off your pain medication. Please rate your neck pain and arm pain on a scale of 0 to 10, where zero (0) would mean "no pain" and a ten (10) would mean "worst pain imaginable."

For example, describe your pain when you are off your medication, after your pain medication has worn off, when you are due to take your next pill, that is please describe how your pain would feel if you were not on pain medication.

Please rate your neck pain on a scale of 0 to 10 over the past 7 days (0 through 10): __________
Now, please rate your arm pain on a scale of 0 to 10 over the past 7 days (0 through 10): __________

Neck Disability Index (NDI) *("Cervical")*

This questionnaire is designed to help us better understand how your neck pain affects your ability to manage everyday-life activities. Please mark in each section the one box that applies to you.

Although you may consider that two of the statements in any one section relate to you, please mark the box that most closely describes your present-day situation.

Section 1 - Pain intensity

0 ☐ I have no neck pain at the moment
1 ☐ The pain is very mild at the moment
2 ☐ The pain is moderate at the moment
3 ☐ The pain is fairly severe at the moment
4 ☐ The pain is very severe at the moment
5 ☐ The pain is the worst imaginable at the moment

Section 2 - Personal care

0 ☐ I can look after myself normally without causing extra neck pain
1 ☐ I can look after myself normally, but it causes extra neck pain
2 ☐ It is painful to look after myself, and I am slow and careful
3 ☐ I need some help but manage most of my personal care
4 ☐ I need help every day in most aspects of self-care
5 ☐ I do not get dressed. I wash with difficulty and stay in bed

Section 3 – Lifting

0 ☐ I can lift heavy weights without causing extra neck pain
1 ☐ I can lift heavy weights, but it gives me extra neck pain
2 ☐ Neck pain prevents me from lifting heavy weights off the floor but I can manage if items are conveniently positioned, i.e. on a table
3 ☐ Neck pain prevents me from lifting heavy weights, but I can manage light weights if they are conveniently positioned
4 ☐ I can lift only very light weights
5 ☐ I cannot lift or carry anything at all

Section 4 - Reading

0 ☐ I can read as much as I want with no neck pain
1 ☐ I can read as much as I want with slight neck pain
2 ☐ I can read as much as I want with moderate neck pain
3 ☐ I can't read as much as I want because of moderate neck pain
4 ☐ I can't read as much as I want because of severe neck pain
5 ☐ I can't read at all

Section 5 – Headaches

0 ☐ I have no headaches at all
1 ☐ I have slight headaches that come infrequently
2 ☐ I have moderate headaches that come infrequently
3 ☐ I have moderate headaches that come frequently
4 ☐ I have severe headaches that come frequently
5 ☐ I have headaches almost all the time

Section 6 - Concentration

0 ☐ I can concentrate fully without difficulty
1 ☐ I can concentrate fully with slight difficulty
2 ☐ I have a fair degree of difficulty concentrating
3 ☐ I have a lot of difficulty concentrating
4 ☐ I have a great deal of difficulty concentrating
5 ☐ I can't concentrate at all

Section 7 - Work

0 ☐ I can do as much work as I want
1 ☐ I can only do my usual work, but no more
2 ☐ I can do most of my usual work, but no more
3 ☐ I can't do my usual work
4 ☐ I can hardly do any work at all
5 ☐ I can't do any work at all

Section 8 - Driving

0 ☐ I can drive my car without neck pain
1 ☐ I can drive my car with only slight neck pain
2 ☐ I can drive as long as I want with moderate neck pain
3 ☐ I can't drive as long as I want because of moderate neck pain
4 ☐ I can hardly drive at all because of severe neck pain
5 ☐ I can't drive my car at all because of neck pain

Section 9 - Sleeping

0 ☐ I have no trouble sleeping
1 ☐ My sleep is slightly disturbed for less than 1 hour
2 ☐ My sleep is mildly disturbed for up to 1-2 hours
3 ☐ My sleep is moderately disturbed for up to 2-3 hours
4 ☐ My sleep is greatly disturbed for up to 3-5 hours
5 ☐ My sleep is completely disturbed for up to 5-7 hours

Section 10 – Recreation

0 ☐ I am able to engage in all my recreational activities with no neck pain at all
1 ☐ I am able to engage in all my recreational activities with some neck pain
2 ☐ I am able to engage in most, but not all of my recreational activities because of pain in my neck
3 ☐ I am able to engage in only a few of my recreational activities because of neck pain
4 ☐ I can hardly do recreational activities due to neck pain
5 ☐ I can't do any recreational activities due to neck pain

****

FOR OFFICE ONLY

Date ______/______/______

Score ______/______ X 100 = ______%

Quality of Life (EQ-5D)

By marking one box in each group below, please indicate which statements best describe your own health state today.

Mobility

- ☐ I have no problems in walking about
- ☐ I have some problems in walking about
- ☐ I am confined to bed

Self-Care

- ☐ I have no problems with self-care
- ☐ I have some problems washing or dressing myself
- ☐ I am unable to wash or dress myself

Usual Activities (e.g. work, study, housework, family or leisure activities)

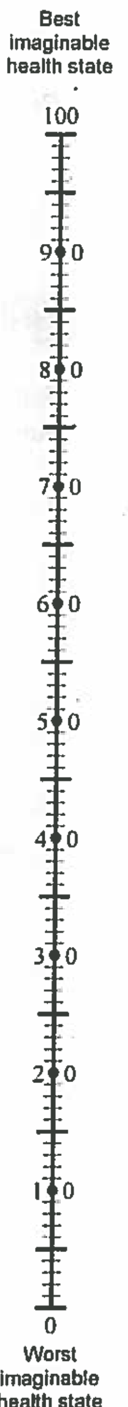
- ☐ I have no problems with performing my usual activities
- ☐ I have some problems with performing my usual activities
- ☐ I am unable to perform my usual activities

Pain/Discomfort

- ☐ I have no pain or discomfort
- ☐ I have moderate pain or discomfort
- ☐ I have extreme pain or discomfort

Anxiety/Depression

- ☐ I am not anxious or depressed
- ☐ I am moderately anxious or depressed
- ☐ I am extremely anxious or depressed



To help people say how good or bad a health state is, we have drawn a scale (rather like a thermometer) on which the best state you can imagine is marked 100 and the worst state you can imagine is marked 0.

We would like you to indicate on this scale how good or bad your own health is today, in your opinion. Please do this by choosing a number on the scale to indicate how your health is TODAY.

Now, please enter the number you chose on the scale in the box provided (0 through 100): ___________

Do you participate in activities outside the home (i.e. gardening, golf, walking, cycling, volunteering)?

☐ Yes ☐ No

If is "Yes":

Would you describe your activity as....

☐ Sedentary or Light ☐ Moderate ☐ Strenuous

Do you participate in activities inside the home (vacuuming, cooking, general housework)?

☐ Yes ☐ No

If "Yes":

Would you describe your activity as...

☐ Sedentary or Light ☐ Moderate ☐ Strenuous

Do you plan on returning to your previous activity?

☐ Yes ☐ No

On a daily basis, do you generally walk...

☐ Independently
☐ With an assistive device (cane or walker)
☐ Do not walk (wheelchair bound)

Modified Japanese Orthopedic Association Myelopathy Scale (modified Chiles version) *("Cervical")*

Each of the 6 questions below has a choice of answers. Please indicate which answer best describes your own health state today.

1. Feeding and use of your hands and arms.
   Describe your ability to feed yourself.
   ☐ Unable to feed myself
   ☐ Unable to use both hands for knife and fork, but I am able to eat using a fork or spoon with one hand
   ☐ Able to use a knife and fork with much difficulty
   ☐ Able to use a knife and fork with slight difficulty
   ☐ Able to feed myself with no difficulty using both hands

2. Walking and use of your legs. Describe your ability to walk.
   ☐ Unable to walk
   ☐ Can walk on flat surface with a cane or walker
   ☐ Can walk up or down stairs with support of a handrail
   ☐ Some trouble walking smoothly and problems with balance
   ☐ No problem walking

3. Loss of feeling or numbness in hands and arms.
   Describe your ability to feel sensation in your hands or arms.
   ☐ Severe loss of feeling in my hand or arm, loss of pain, touch or sensation
   ☐ Mild loss of feeling in my hand or arm
   ☐ No loss of feeling in my hands and arms

4. Loss of feeling or numbness in legs.
   Describe your ability to feel sensation in your legs.
   - ☐ Severe loss of feeling in my legs
   - ☐ Mild loss of feeling in my legs
   - ☐ No loss of feeling in my legs

5. Loss of feeling or numbness in the trunk of my body.
   Describe your ability to feel sensation in your body.
   - ☐ Severe loss of feeling in my body
   - ☐ Mild loss of feeling in my body
   - ☐ No loss of feeling in my body

6. Problems with urinating.
   - ☐ Cannot urinate, void, or pee
   - ☐ Severe difficulty because of feeling of residual urine or retaining urine even after voiding or because of straining to go or just dribbling when urinating
   - ☐ Mild difficulty because of problem with initiating or getting started or problem with urinating either too frequently or hardly ever
   - ☐ No problems with urinating or peeing

Over the last 2 weeks, how often have you been bothered by any of the following problems?

1. Little interest or pleasure in doing things
   - ☐ Not at all
   - ☐ Several days
   - ☐ More than half the days
   - ☐ Nearly every day

2. Feeling down, depressed, or hopeless
   - ☐ Not at all
   - ☐ Several days
   - ☐ More than half the days
   - ☐ Nearly every day

Do you have a history of….

Smoking

- ☐ Current every day smoker
- ☐ Current some days smoker
- ☐ Former smoker
- ☐ Never smoked
- ☐ Prefer not to answer

Diabetes

- ☐ No
- ☐ Yes, Type I
- ☐ Yes, Type II - Insulin dependent
- ☐ Yes, Type II - Non-insulin dependent

Coronary Artery Disease (CAD)

☐ Yes ☐ No

Osteoporosis

☐ Yes ☐ No

Anxiety Disorder

☐ Yes ☐ No

Depression Disorder

☐ Yes ☐ No

Did you ever have a blood clot (deep venous thrombosis)?

☐ Yes ☐ No

Has your doctor ever told you that you have a tendency to form blood clots?

☐ Yes ☐ No

Do you take opioid painkillers ***daily*** to control your pain? (prescription medications such as Vicodin, Lortab, Norco, hydrocodone, codeine, Tylenol #3 or #4, fentanyl, Duragesic, MS Contin, Percocet, Tylox, OxyContin, oxycodone, methadone, tramadol, Ultram, Dilaudid)

☐ Yes ☐ No

If "Yes":
How long have you been using opioid painkillers on a daily basis?

- ☐ Less than 3 weeks
- ☐ 3 weeks but less than 6 weeks
- ☐ 6 weeks but less than 3 months
- ☐ 3 months but less than 6 months
- ☐ 6 months or greater

Is your spinal injury related to...

Was your spinal injury caused by a motor vehicle injury?

- ☐ Yes ☐ No ☐ Unknown

Workers Compensation Claim

- ☐ Yes ☐ No ☐ Undecided ☐ Prefer not to answer

Liability or Disability Insurance Claim

- ☐ Yes ☐ No ☐ Undecided ☐ Prefer not to answer

Employment...

Are you working?

- ☐ Yes - Full-time
- ☐ Yes - Part-time
- ☐ No
- ☐ Retired
- ☐ Volunteering
- ☐ On disability

If "Yes - Part-time"

Is the part-time status because of your neck or back problems?

- ☐ Yes ☐ No

If "Yes" Either "Full-time" or "Part-time":

Would you say your job was...

- ☐ Sedentary
- ☐ Light
- ☐ Medium
- ☐ Heavy

Does your job require you to stand up to 6 hours per day?

- ☐ Yes ☐ No

Does your job require you to lift ...

- ☐ Frequently more than 50 pounds
- ☐ Frequently more than 25 pounds and occasionally 50 pounds
- ☐ Frequently 10 pounds and occasionally 25 pounds
- ☐ Occasionally up to 10 pounds

Regardless of your current work status, do you plan to return to work after your surgery?

☐ Yes ☐ No ☐ Unknown

*If "Are you working?" is "**Retired**":*

Are you retired because of your back or neck problems?

☐ Yes ☐ No

*If "Are you working?" is "**No**":*

Are you not working because of your back or neck problems?

☐ Yes ☐ No

Additional Information...

Race/Ethnicity

☐ White
☐ Black or African American
☐ Asian
☐ Hispanic or Latino
☐ American Indian
☐ Unknown/Refused
☐ Other

Level of Education

☐ Less than High School
☐ High School Diploma or GED
☐ Two-Year College Degree
☐ Four-Year College Degree
☐ Post-College

What is your preference for future contact for this study?

☐ E-mails with access to web-based questionnaires

E-mail address: ____________________

☐ Telephone calls with questionnaires by interview process

Phone number: ____________________

☐ Mailings with paper questionnaires to be returned