

# THIS WEEK

December 17, 2012

AT COVENANT

## Weekly News Update for Covenant HealthCare Staff & Volunteers

### ■ Annual Fund Prize Winners

The Covenant HealthCare Foundation is pleased to announce the prize winners of the second Annual Fund drawing, held on December 10. Congratulations to the following donors: Laurie Gunnels, Panda House gift certificate; Bethany Warezak, Savoy restaurant gift certificate, Dennis Mossner, Harvey's gift certificate; Lori Revard, Fralia's gift certificate, Carol Roga, Applebee's gift certificate, Janet Rousseau, Great Lakes Loons baseball tickets; and Cynthia Gangler, Meijer gas card. All donors whose gifts are received by December 26 will be eligible for the next drawing on December 28. Thanks to all who have donated so far! If you have questions about Annual Fund or need materials, please call the Foundation office at 583.7603. Thank you for your consideration!

### ■ Seeking Covenant Kids Champions!

As Covenant Kids grows, the Covenant HealthCare Foundation is seeking employees to represent the many parts of the organization to serve as Covenant Kid Champions. This spirited group of people has a passion for doing good, having fun, creating awareness of the services Covenant offers kids in our community and raising dollars through creative fundraising efforts! If you are interested in joining this amazing group of people, please email Ash Christians at [achristians@chs-mi.com](mailto:achristians@chs-mi.com) by December 23. No formal time commitment is required, but a gathering will be held in early January 2013 to kick-off the Covenant Kids campaign.

### ■ Heart of Gold Celebration: You're Invited!

You are invited to attend the Heart of Gold celebration 2-2:30 pm in Harrison Siderooms C&D on Thursday, December 20. COO Ed Bruff will present Kellee Glave, Rehab; Becca Kemerer, Ambulatory Harrison; Leah Rouleau, Resource Team and Lisa Wojdula, OCC Med with the Heart of Gold Award.

### ■ Recipe Deadline Extended for Cookbook Recipes

The deadline to submit recipes to the Covenant HealthCare cookbook has been extended for one more week! The new deadline to submit recipes is December 21. We'd like to encourage you to submit at least one recipe for the cookbook. Send recipes to Carol Keinath at Nutrition Services, Harrison Campus, or drop them into one of the boxes in the cafeteria, as soon as possible. We are looking for at least 500 recipes. Let's make this a fabulous cookbook that we can be proud to display and sell for a long time in our Gift shop. Remember, it will be helping Covenant Kids. You are welcome to submit one or more recipes - each must be on a separate form. Recipe forms are available on the S:Drive in the folder marked, "CHC Cookbook Recipe Submissions". Your name will be printed with each recipe. Please include your department and phone number on all entries. **Again, the new deadline to submit recipes is December 21.** Details, call Carol Keinath, Clinical, Nutrition Manager, at 583.4663.

### ■ Covenant Gift Shops Hosts Customer Appreciation Sale

The Customer Appreciation Christmas SALES continue in the Covenant Gift Shops. Save 25 percent on most everything in the stores through Christmas Eve. Sales exclude books, magazines, cards, stamps, snacks, candy and gum. In addition, since there was such a large turnout for the special Gift Shop Hours at Cooper, we will offer the same special hours on Thursday, December 20. We will open at 10 pm and stay open until 2 am to allow the night shift an opportunity to do some more Christmas shopping. We will also hold special hours in the Harrison Gift Shop on Wednesday December 19 from 9 pm to 12 midnight to allow the Harrison campus more shopping time. Stop in to see what special bargains are available.

### ■ Daily Check-In

Keeping Covenant HealthCare extraordinarily safe - Everyone, Everyday, Everywhere - is the focus of the daily check-in. Covenant leaders take 15 minutes each day to share information aimed at maintaining situational awareness of immediate problems impacting safety and quality of patient care at the front line. Covenant HealthCare is currently 25 days safe.

The logo for Covenant HealthCare features a stylized red flame or heart shape above the word "COVENANT" in a serif font, with "HealthCare" in a sans-serif font below it.

Extraordinary care for every generation.

Continued...

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## ■ Covenant Kids Pass

Don't forget to get your Covenant Kids Pass for the Saginaw Spirit, courtesy of Covenant Kids!

- Cost is \$30 for an All Season Pass
- It is available for Kids 12 and under
- Passes are redeemable for best available seating in the Upper Level.
- Vouchers can be redeemed at the Dow Event Center or the Spirit Store the Monday prior to each game.

For more information call 989.497.7747.

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## ■ One Million Messages

One Million Messages by Value Health Partners now has an app for your phone that is available on Android, the iPhone and iPad via iTunes. Just search under the Medical section. You can also, "like" and share the OMM Facebook page and follow OMM on Twitter! Help get the word out. You can save a life by talking. During December and January, our goal is for every employee to tell at least 10 people about the signs of stroke. Most people DON'T know to call 9-1-1 and precious time is lost. We say, Time is Brain. Will you join us? Like OMM on Facebook by logging on to, <http://www.facebook.com/MillionMessages> or, follow on Twitter by logging on to <https://twitter.com/millionmessages>.

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## ■ PM&R Hosts Annual Massage Gift Certificate Sale

The PM&R Massage Gift Certificate sale ends December 24 at 3 pm. Get \$10 off of a gift certificate purchase of massage services of 30 minutes or more. See sale prices below.

**\* No other discounts apply to Gift Certificate sale prices.**

**\* A Gift Certificate Sale will be held at the following PM&R locations:**

Mackinaw (Concierge Desk)	11 am-1 pm	Monday, December 17
Cooper (Doud Room)	11 am-1 pm	Tuesday, December 18
Michigan (Cafeteria)	11 am-1 pm	Wednesday, December 19
Harrison (Sideroom A)	11 am-1 pm	Thursday, December 20

**\* Gift Certificates at the discounted price can be purchased at the following sites through December 24 at 3 pm.**

Bay City PM&R, 2919 E. Wilder Road, Bay City	Frankenmuth PM&R, 600 Main Street
Hemlock PM&R, 16440 Gratiot	Mackinaw PM&R, 5400 Mackinaw
Irving PM&R, 600 Irving Avenue	

For more information, call 583.6387 or, 583.6414.

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## ■ C3 Deal of the Week!

Has your couch seen better days? Do you need more lighting in your living room? Are you struggling to find a way to get everyone to fit around your table? Denno's is offering a special discount for December! Through December 31, you can take five percent off your purchase and get free delivery of your new home furnishings! Your C3 team is here to save you time and money! Contact us today to make a request at 3.CARE (2273), or, submit a request at [www.covenantcaresconcierge.com](http://www.covenantcaresconcierge.com) today!

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## ■ Cool Line Adds Email

Now, you can email your Cool Line submissions to, [CoolLine@chs-mi.com](mailto:CoolLine@chs-mi.com). The COOL Line is a simple and fun way to acknowledge the extraordinary efforts by our staff every day. On a monthly basis, we will print the COOL stories we receive from the COOL Line. We will draw \$25 gift cards for two of the COOL Stars (who are acknowledged by callers) and one COOL Spotter (who calls and shares a story). The Covenant COOL Line is a quick way to tell the story about your coworkers. You can also continue to call the COOL Line – 3.COOL (3.2665).

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## ■ Wellness Events: Dump the Plump and Wellness Deadline

A new, 10-week session of **DUMP THE PLUMP** begins today, Monday, December 17.

Also, if you have been working on the **Thrive! WELLNESS CRITERIA for 2012**, all paper-work must be turned into the Wellness Office by Monday, December 31, 2012. This deadline is final, so please, don't delay.

**For more details on any of the events listed above, please call 3.6302.**

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## ■ Get the Word Out

If you have something you'd like to see listed in a future issue of This Week at Covenant, contact Shena Camese by e-mail at [scamese@chs-mi.com](mailto:scamese@chs-mi.com), or by calling 583.7653.

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